



Agudas Achim Congregation

401 E. Oakdale Blvd., Coralville, IA 52241

Phone: 319-337-3813

www.AgudasAchimIC.org

November 2025 / Cheshvan-Kislev 5786



*Rabbi Hugenholtz's challah baking class at ICPL, along with challah baked by intro class students.
Thanks to Charles Packard for supplying the dough!*

FROM THE RABBI

Esther Hugenholtz

This month, I have the honor of attending the rabbinic installation of a colleague and friend of mine in the Twin Cities, Rabbi Tamar Grimm of Congregation Beth Jacob in St. Paul. The kids, husband and I will pile in our car and make the trek north – a trip I always enjoy.

Over the years, I have forged a strong and warm relationship with Beth Jacob. My first introduction was through a dear friend of mine who I have known for over 15 years. Through her, we got to know others, including the Rabbi. Beth Jacob has now become a fixture of our summer visits and I am delighted to celebrate my friend who is a wise, temperate, spiritually grounded, learned and creative rabbi.

Visiting other communities with my family is always fun. Sometimes I feel like a bit of a 'spy' who scopes out the best practices of other synagogues. My kids also offer informal reviews like 'why don't they serve lox and bagels at Kiddush lunch the way we do?' or 'that bimah is very high!' or 'that cantor sounds fancy!' Biased though I am (and they are), they always end up ranking our own little Agudas Achim at the top. Sometimes the grass is not always greener on the other side of the fence; sometimes the treasure really has been underneath your own bed all this time.

As the earth tilts into the short days of fall and winter, we are enjoying the lull after a busy High Holiday season. Our amazing volunteers, lay leaders and professionals made it happen again, and now, like after every good party, we are picking up the detritus and 'resetting' the home. We are looking at our safety protocols, our financials, glancing ahead at the Hanukkah party and so much more. The pace is no longer frantic, more of a satisfying, quiet buzz of activity as we gear up for cozier days.

Our President, Lori McMann, writes very eloquently about the needs of the community and what we accomplish. The harsher the outside world feels, the more I treasure what we have among us. It is a blessing that we get to self-organize in thriving communities, be it here or in St. Paul or in Addis

Ababa or Lisbon or Tel Aviv or Singapore. A short glance at any Jewish history book showcases our vibrancy, resiliency and creativity wherever we have settled as a people.

Speaking of creativity: we have lots of amazing programs coming up, whether it is the Toxic Polarization workshop led by Lea Haravon with support of the One America Movement, or the challah braiding workshop I led at the Iowa City Public Library. Our focus point for the early winter will be our annual Hanukkah Party preceded by our Makers and Bakers Bazaar. The festivities will occur on the 14th of December and if you are a creative or author, we invite you to make stock and sell your ware with a small part of the profits going to the synagogue as a fundraiser. So if you knit, crochet, bake, needlepoint, craft, write, make art or artifacts, publish... we would love to have your contributions. This year, we also hope to welcome friends from local faith communities to check out our Bazaar and spend time with us.

If you want to contribute your wares, be on a book panel or volunteer (including to make latkes), please be in touch with the office or with me.

In November, the Big Ideas Book Club will be back, this time on a Monday rather than a Wednesday. Mark your calendars for Monday the 17th of November at 6:30 pm at the ICPL where we will be reading and discussing Milton Steinberg's seminal and classic novel 'As A Driven Leaf.' If you have suggestions for Jewish books that explore big, cutting-edge and innovative ideas, drop me an email. (I cannot guarantee I will pick your particular suggestion but I am curious to broaden my own reading horizon!)

As always, keep your eyes peeled on the synagogue calendar. Even in this quieter times, we have a lot going on that makes Agudas Achim special and worthwhile. Guess what? It's not just the lox and bagels (although they sure do help!)

Looking forward to seeing you out and about, at services, events or our Hanukkah offerings.

FROM THE PRESIDENT

Lori McMann

Whether by coincidence or the collective impulse for post-High Holidays reflection, both the USCJ (Conservative) and URJ (Reform) Congregational Presidents' Zoom meetings happened to focus on one of my favorite topics—volunteerism! What works well? How do we attract more volunteers? These questions animated our discussions. The regular Zoom meetings of Presidents are wonderful forums to swap stories, share ideas, and, yes, indulge in a little kvetching. Talking about volunteers, though, filled me not with complaint but with pride. The number of people who stepped forward at Agudas Achim for the High Holidays truly moved me. From the impressive talent and tremendous preparation of our lay leaders, to those who brought food for the Not-Just-Honeycake Oneg and Break Fast, or greeted people at the registration tables—so many helped create meaningful services and joyous celebration. I am profoundly grateful.

A theme echoed in both meetings was that people often volunteer more readily for tasks that are short-term and clearly defined. If that sounds like you, please know how valuable your help is. Every hour, every small act, matters. Whether you lend a hand for one event or one project, you make a real difference. Our community thrives because of many hands and generous spirits working together.

Reflecting on our many activities also reminds me of the diversity of our members, what we bring, and what we need. These are challenging times, in this country and across the world, and we are all

touched by issues in different ways. We all need a safe and comfortable “place to land.” I hope Agudas Achim's services, activities, and programs bring you joy, comfort, and a sense of belonging, whether through learning, prayer, or shared laughter.

We have a full and inspiring month ahead. November features interactive learning sessions on reducing political polarization, an oneg exploring Second Temple biblical texts, screenings of recent award-winning documentaries, and more. (Don't underestimate the fun stuff, like Tot Shabbat on the first Friday of the month, and a board game afternoon!) Each gathering is a chance to learn, connect, and be uplifted.

And yes, the Hanukkah Latke Party and Makers and Bakers Bazaar are already in the works! What better gifts than ones handcrafted by your fellow community members? If you're new(ish) to Agudas Achim, this celebration is the perfect way to join in—it's family-friendly, full of fun, and open to everyone. (Look in this bulletin for dates and times, Sign-Up Genius links, RSVP and Hanukkah dinner payment information.) If you are a seasoned latke maker—pun intended—please sign up to share your expertise, and if you are new to making latkes, this is your chance to learn!

In short, far from being a quiet month with darkness coming earlier and earlier, November promises many bright spots at Agudas Achim. I urge you to step up to take part in the many activities that make our community “small but mighty”!

WARM UP AMERICA

Warm Up America is a Tikkun Olam project housed in Agudas Achim. We make afghans which we provide to local charitable groups for distribution. Members and non-members knit or crochet 9" x 7" synthetic yarn patches at home and bring them to the shul for us.

We also meet on alternate Sunday mornings in the social hall from 10:30 a.m. to noon. No prior experience or skills are required as we prepare the afghans. Our remaining dates are November 2 & 16, maybe 30; December 14 & 28.



RELIGIOUS SCHOOL

Sonja Spear

Last Sunday, Avery's Second Grade invited the Third/Fourth Grade to bake challah with them for a demonstration Shabbat and Havdallah ritual. Their teacher actually called it a "mock Shabbat," much to the kids' delight. "We get to mock people!" they crowed. It took a minute to clear that up. Kids can be shockingly literal-minded. But eventually they resigned themselves to cooperating with the other class, not mocking them. Besides, they got to braid challah out of biscuit dough *from a can!* What could be more exciting?

As I mentioned last month, we have been learning about *derekh erez* in Sunday School. *Derekh erez* means something like the "way of the world," the conventional, polite, responsible way of living with other people. Making challah together presented many opportunities to practice *derekh erez*, from washing our hands to (ahem) not mocking people.

Avery's class invited Hersh's Third/Fourth Grade to join them in the kitchen. This invitation was an extension of earlier lessons on *hachnasat orchim* (welcoming guests), another Sunday School theme for the fall. The two groups got along well, although some irruptions of boisterousness suggested that not all lessons in *derekh erez* had been thoroughly internalized.

While the challot were baking, Hersh, Rabbi Esther, and I divided Mal's class into thirds. Hersh and I taught Hebrew to two groups while Rabbi Esther led a discussion of the life of Abraham with the remaining third. Afterwards, the kids rotated so that the rabbi I each got a fresh group, and Hersh

returned to his class. (Does this seem complicated? We do a lot of juggling on Sundays. If you would like to spend an hour helping the kids with Hebrew, let me know.)

Because Mal's class includes a range of ages, the kids have different degrees of facility with Hebrew. I worked with the beginners while kids with more knowledge checked each other's reading. It was wonderful to see kids learning and teaching in pairs. They were very attentive to each other and (usually) patient. Learning in pairs is an old Jewish tradition, of course. But it also involves another aspect of *derekh erez*, student and teacher bound by mutual respect and kindness. Well, give or take the occasional squabble.

In the end, the whole school assembled in the Social Hall. The Second Grade led us in blessing candles, grape juice, and challah. The rabbi played guitar as the kids led us through the Havdallah ceremony afterwards.

During the day, the students had learned in pairs, in small groups, and finally as a whole community working through a complicated ritual together. This is the mutual commitment that *derekh erez* makes possible. I'm not saying that everyone behaved perfectly. Some kids played with a top. A few chatted. But the kids leading the service beamed with pride. They had worked hard, and now they could teach the bigger kids. And when it was time to chant the prayers, the big kids, even the ones who hate singing, joined in. I'll take it.

FACEBOOK PAGE

Agudas Achim Congregation IC

The "[Agudas Achim Congregation IC](#)" Facebook page is back!

Please follow us there for event announcements and updates.

Note: link may not work if you are not logged in.

SENIOR ENRICHMENT GROUP*

Agudas Achim began an initiative to engage our senior members at Agudas Achim in the fall of 2024. At its inception we named it the Senior Brainstorming Group or SBG but have changed the name to Senior Enrichment to better describe our goals and activities. Since then, the committee has been busy organizing activities that would appeal to our members. Below is a list and description of what is, and will be, available.

Transportation

We are facilitating transportation to the synagogue for religious, educational, and social activities for members without means to get to and from Agudas Achim. They are:

1. Kelly Schneider, Mobility Coordinator, Johnson County Social Services, (319) 356-6090. She can help facilitate transportation.
2. Johnson County SEATS - Phone Numbers- 339-6125: to schedule a ride for the next day or up to fourteen days; 339-6127: to cancel a ride or for the current day issues; 339-6128: after hours/office closed (to leave a message or talk to a night driver) or for comments, questions, or to talk to a supervisor.
3. Uber – scan to download the Uber app.

Exercise

Arrangements have been made for anyone wishing to do exercise walking in the synagogue building, particularly during the winter months or during inclement weather. The building is available on Tuesdays and Thursdays from 11:00 a.m. to 1:00 p.m. If enough members utilize this offering the days and hours may be expanded.

Mini-Courses

Travel – The first three lectures in the Travel mini-course were presented this past Spring. The second phase of three additional lectures will take place as follows.

Travel Course – Part 2

All meetings will start at 2:00 p.m. and take place in the Agudas Achim Social Hall.

Presenter	Date	Topic
Karen Lipman	November 4	Highlights of a cruise around South America and transiting the Panama Canal; The Vibe on an extended (4 plus weeks) cruise
Marcus Nashelsky	November 18	Small Town Germany: A Family's Departure and Return
Bob Wallace	December 2	A Trip to the Canadian Maritime Provinces: The British; the French; the Great Explosion; Hookers; Schooners; Lobsters & Oysters; the Saint John Jewish Historic Museum; Alexander Graham Bell; the Titanic; and Anne of Green Gables

Game Time

Come join us on November 11, 1:00 p.m. in the Agudas Achim Social Hall for snacks and play some of your old favorite games and maybe something new. You won't have much **Risk** and you may have a **Chance** or some **Clue** to get to know a few of the people you've always wanted to get to know but didn't quite know how to start the conversation. Consider bringing a card, board or party game others might enjoy.

The Future

In early 2026 we plan to present additional travel lectures and initiate other minicourses such as *Art History*, *Local Jewish History*, and *Music*. Other activities will come from the input of our senior members. Please let us know what your interest or passion may be. Please email – david-lubaroff@uiowa.edu.

*Formerly Senior Brainstorming Group (SBG)

ADULT EDUCATION NEWS

Barney Sherman

On **Saturday, November 15 after services**, join us for an Oneg Shabbat with **Robert Cargill**, chair of Classics and noted scholar of Jewish and biblical studies at the University of Iowa. His presentation is titled, "As It Is Re-Written: Correcting Biblical Texts in Second Temple Judaism."

On **Monday, November 17 at 6:30 p.m.**, Rabbi Esther will lead the next "**Big Ideas in Jewish Books**" club at Iowa City Public Library. We'll discuss ***As a Driven Leaf*** by Milton Steinberg. Feel free to join us even if you don't find time to read this classic novel.

We'll also be screening two **award-winning documentaries on Israel and Palestine**:

- *We Will Dance Again* — **Sunday, November 30 at 6:00 p.m.**
- *No Other Land* — **Sunday, December 7 at 6:00 p.m.**

October Highlights:

- Over 20 people joined us for an Oneg with two distinguished Israeli TV and stage artists. One of them, the screenwriter, director, and showrunner **Keren Margalit**, thanked us for our "warm hospitality" and "honest and open dialogue that offered a glimpse of horizon and hope." Our other guest, the director, actor, and translator **Roy Horovitz**, called the event "a real healing." Other highlights included captivating clips of the artists' work, **Mal Hellman's** brilliant moderation, and **Beverly Jones's** magical ability to keep the kitchen running smoothly—even when the food truck was late!



- About 50 people came to the Iowa City Public Library to hear President-elect **Lisa Heineman's** concise, fascinating, and clarifying talk, "**Understanding Antisemitism**." During the question period, an attendee told Lisa, "If there were a Super Bowl for lecturers, you would make the team!" You can watch the full lecture on the ICPL's YouTube channel.

MEMBERSHIP COMMITTEE NEWS

Karen Lipman

Mazel Tov! Share Your Simcha News!

We love celebrating joyful moments in our community—weddings, births, graduations, new pets, anniversaries, and other non-work related news.

If you or your family have a simcha (happy occasion) to share, let us know so we can announce it here. Please email membership@agudasachimic.org with the information to share by the 24th of the month. Let's spread the joy!

Mazel Tov to:

Janice Weiner on the marriage of her daughter, Lia Weiner to Bailey Johnson on Sept 20 and on the birth of her granddaughter, Seven, to her daughter Naomi and son-in-law Elliott on Sept 29

Michael Flaum on receiving the Heather Shank Lifetime Achievement Award from the Iowa City Human Rights Commission.

Lisa Heineman on completing her Certificate in Unbound Judaism with the UnYeshiva

Helene Lubaroff ,and, Saul Lubaroff , parents, and David and Martha Lubaroff, grandparents on the marriage of their son and grandson, Will Lubaroff to Sage Monet.

Karen Charney and Ben Coelho on the recent wedding of their daughter Liliana Coelho to Wyeth Augustine- Marcell

Welcome to new members

Jaia Burton and family

Tax Planning Considerations for 2025: Maximizing Your Donations Through Your IRA

Year-End Tax Review and Planning

As the year draws to a close, many individuals find themselves reviewing their taxes to identify any last-minute opportunities to improve their tax situation. It is especially important to note that there have been several changes affecting 2025 and 2026 tax filings. To ensure you are well-prepared and take advantage of updates, consider reaching out to your CPA or tax attorney for professional guidance.

Utilizing Your IRA for Charitable Contributions

When planning your taxes for 2025, you have the option to use your IRA to make contributions and dues payments to Agudas Achim. IRS regulations permit individuals aged 70 ½ and older to make these tax-free gifts directly from their IRAs to their chosen charities. If you reach the age of 73 this year, the IRS mandates that you begin taking annual withdrawals from your IRA, known as Required Minimum Distributions (RMDs). This may provide you significant tax savings. Your IRA may be the optimal asset for you.

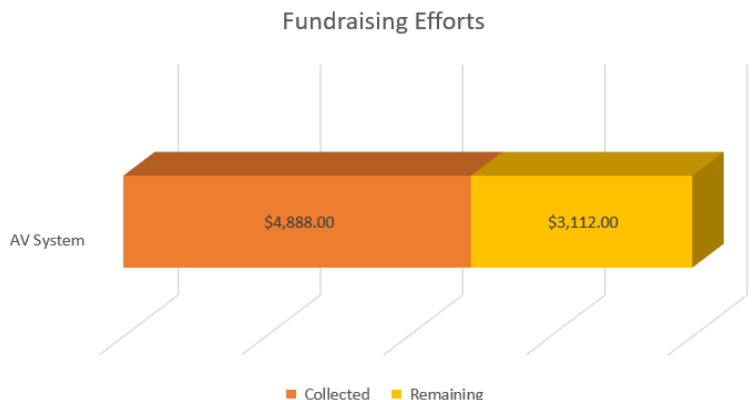
Tax-Free Gifts and Compliance with RMD Rules

By making charitable contributions and your dues payments from your IRA, you can fulfill the RMD requirements while benefiting from tax-free giving. These contributions will not be included in your adjusted gross income, providing notable tax advantages regardless of whether you claim the standard deduction or choose to itemize your deductions. To maximize these advantages, it is important not to personally take distributions before making donations to Agudas Achim from your IRA. Consult with your IRA administrator and tax attorney to determine the method that best suits your individual tax situation.

CONGREGATIONAL NEEDS FUNDRAISER

Our congregation regularly undertakes smaller fundraising initiatives that require support. Contributions of any size are welcomed and typically meet the immediate needs of these projects. If you have a particular interest in a specific initiative, we encourage you to consider offering your support.

Thanks to generous donations, we previously met our target for Torah Repairs. The installed AV system currently lacks complete funding. Additional support for the fundraising effort would help to reach this funding goal.





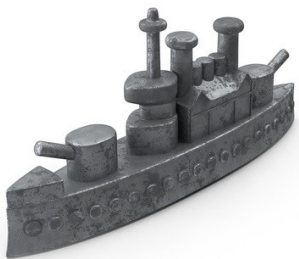
GAME TIME!*

Come join us in the Agudas Achim Social Hall for snacks and play some of your old favorite games and maybe something new. You won't have much *Risk* and you may have a *Chance* or some *Clue* to get to know a few of the people you've always wanted to get to know, but didn't quite know how to start the conversation. Consider bringing a card, board or party game others might enjoy.

Tuesday, November 11, 1:00 – 4:00 p.m.

Questions? Lindy Buch (248)217-4694 lindybuch@gmail.com

*Sponsored by the Senior Enrichment Group



Youngish Jewish Group

A group for 20 somethings to late 30s

Join us at Big Grove !

Thursday, November 13

7:00 p.m.

1225 S. Gilbert St

First drink on the synagogue

Table reservation under Ezra Hendelkin



CHESHVAN YOGA

Cheshvan is considered a bitter month due to its dearth of Jewish holidays. Let's sweeten the season by joining together for some Cheshvan Yoga!

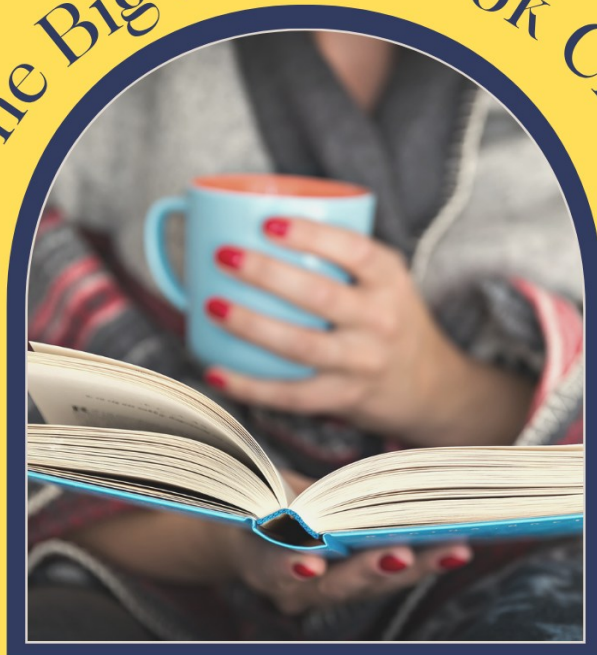
In this class, we will relax, refresh, and rejoice in the New Year while giving ourselves time to rest and integrate our personal experience of the High Holy Days. We will come with a simple movement practice that we can add to our daily routine. Everyone is welcome. No previous Yoga experience necessary!

*Sunday November 16th from 2:00-3:00 p.m.
Agudas Achim Congregation
Bring: Yoga mat, large towel, or blanket
(optional, but nice to have)*

For more information: leslea-collins@outlook.com

The Big Ideas Book Club

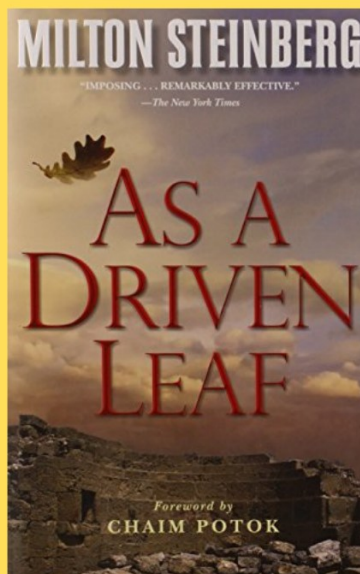
Please
note date
change!



Monday,
Nov 17
6:30-8:30 pm
ICPL

Come explore important Jewish ideas
at the Iowa City Public Library

Milton Steinberg 'As A Driven Leaf'



More info? Contact
adulted@agudasachimic.org

KISLEV YOGA

THE ESSENCE OF KISLEV:

IN THIS DROP-IN CLASS, WE FOCUS ON LIGHT, HOPE AND STRENGTH AS THE DAYS GET SHORTER AND WE APPROACH OUR FESTIVAL OF REDEDICATION. WE WILL COME AWAY WITH A SIMPLE MOVEMENT PRACTICE THAT WE CAN ADD TO OUR DAILY ROUTINE. EVERYONE IS WELCOME.

NO PREVIOUS YOGA EXPERIENCE
NECESSARY!



**DATES: NOVEMBER 23 & 30
2PM-3PM**

LOCATION: AGUDAS ACHIM

**OPTIONAL, BUT NICE TO HAVE:
YOGA MAT, LARGE TOWEL, OR
BLANKET**

**TO REGISTER OR FOR MORE
INFO: [LESLEA-
COLLINS@OUTLOOK.COM](mailto:LESLEA-COLLINS@OUTLOOK.COM)**

WE WILL DANCE AGAIN SURVIVING OCTOBER 7TH

Sunday, Nov 30, 6PM
tinyurl.com/wewilldanceagainic



DUAL DOCUMENTARIES

Film screenings of two documentaries from Israel-Palestine
offered in dialogue with guided discussions following

NO OTHER LAND

Sunday, Dec 7, 6PM
tinyurl.com/notherlandic



Agudas Achim Congregation
401 Oakdale Blvd
Coralville, IA 52241

Join us on Sunday, November 30 at 6:00 p.m. for a screening of *We Will Dance Again: Surviving October 7th*, followed by a group discussion. This is part of our Dual Documentaries offering along with *No Other Land*, being screened on Sunday, December 7 at 6:00 p.m.

We Will Dance Again:

The dream of a music festival celebrating friendship, love, peace and freedom was shattered on a day that must never be forgotten. Participant video and interviews from victims and heroes at the Nova EDM music festival, as well as Hamas videos showing the murderous attack, combine in this important documentary to record forever the terror of October 7th, 2023. *Trigger warning: Violence, terrorism, gunshots*

No Other Land:

No Other Land chronicles the plight of Masafer Yatta, a Palestinian community in the southern West Bank, that faces continuing violence from Israeli settlers and soldiers. Filmed over the course of five years, *No Other Land* documents home, school, water well, and road demolitions and their protests by displaced residents.

**ATTENTION AGUDAS ACHIM MAKERS,
BAKERS, AND OTHER CREATIVES!**



The Chanukah Makers & Bakers Bazaar will be held Sunday, December 14 at 4:00 PM, immediately before our congregational 1st night Chanukah menorah lighting and latke party.

Sign up for a vendor table to sell your craft items, artwork, baked goods, treats, etc. Authors, we invite you to offer copies of your books for sale. This is a fundraiser for Agudas Achim so we ask that 20% of sales be donated to the synagogue. (We'll gladly accept more!) To reserve your place, please sign up at <https://www.signupgenius.com/go/20F044DA9AA2FABF85-59993009-agudas> or email social@agudasahimic.org.

Also, if you'd like to have a few items available for purchase but can't attend on December 14, sign up or email us and we'll find a place to offer them at the bazaar.

We look forward to seeing your beautiful creations!

[Sign up here!](https://www.signupgenius.com/go/20F044DA9AA2FABF85-59993009-agudas)

MUSSAR

Lea Haravon Collins

In a quiet moment, I am loving, calm, kind, and patient. But throw life's events at me, and these values can often vanish like mist, leaving a scowling ogre behind.

And then, in another quiet moment, I become that steady even soul once again. Then life shows up... you get the cycle.

I have always looked for a way to "marry" my values to my actions. Nothing ever quite stuck until I discovered, over ten years ago, a methodology that helps the heart understand what the mind knows: * the practice of Mussar.

In case this word is new to you, Mussar can be described as "a traditional Jewish path of spiritual development that leads to awareness, wisdom, and transformation... The goal of Mussar is to release the light of holiness that lives within each soul...All [Mussar practices] are intended to...bring about change at the root of our nature" (source: <https://mussarinstitute.org/what-is-mussar>).

If you know me even a little bit, you have surely heard me talk about Mussar, as I have found the practice to be personally transformative.

Would you be interested in studying this hands-on experiential spiritual practice with me this January?

The class, *Pathway to the Inner Life* sponsored by [The Mussar Institute](#), meets six times in person on alternating weeks. During the "off" weeks, we connect with study partners to discuss the learning and practices of the character trait that we are

studying (for example, humility, strength, patience, anger, etc.).

The dates for this Sunday 2-3:30 p.m. in-person course are:

January 4
January 11
January 25
February 8
February 22
March 8

Registration opens in November. There is a charge for the class. If financial constraints are an issue, scholarship possibilities are available.

If you want to know more or would like the registration link, please contact me directly (leslea-collins@outlook.com) or check out <https://mussarinstitute.org/> .

More information about the class [here](#). To see my bona fides (and those of other Mussar facilitators who lead online classes), please go [here](#).

Thank you letting me know if this adventure might be of interest to you. And thank you for your potential interest in Mussar!

* "Making the heart feel what the intellect understands" is a beautiful definition of Mussar coined by Rabbi Eliyahu Lopian (1876-1970) in his work *Lev Eliyahu*.

Leslea Haravon Collins

<https://lesleaharavoncollins.substack.com/>

MAHJONG

All ages and life stages are welcome to join us. Experienced players, as always, are welcome to join a player's table. Please bring your 2025 card if you have one.

[RSVP to Karen](#) [RSVP to Jayne](#) [RSVP to Corvin](#)
[RSVP to Rachel](#)



Upcoming Dates

Nov 2- Karen
Nov 9- Rachel
Nov 16- Rachel
Nov 23- Jayne
Nov 30- Jayne

Jewish Book Month 100

November 13 – December 13

“The Jewish Book Council’s origins date back to 1925,
making it one of the oldest organizations providing continual service
to the American Jewish community.

It all began when Fanny Goldstein, a librarian
at the West End Branch of the Boston Public Library, set up an exhibit of Judaic books
and used it as a focus of what she called Jewish Book Week.”

<https://www.jewishbookcouncil.org/about/history>

Look for these additions to our library in celebration of this milestone:



WALK-IN-WALKIN'

L'shana tova. Did you know that 3 out of 3 Iowa City doctors recommend at least two things for promoting good health:

- Exercise
- Interaction with other people.

Agudas Achim has provided a way to do both. The Synagogue is available 11:00 a.m. - 1:00 p.m. on Tuesday and Thursday when the office is open, for Walk-In Walkin' alone or in groups. Contact your friends and meet to walk, talk, and enjoy. Walk on hard surfaces or carpeting. Try it, you may like it. And you will make at least 3 Iowa City doctors happy.



TOT SHABBAT

The next Tot Shabbat will be held on Friday, November 7 at 5:30 p.m. at Agudas Achim. All kids and families are invited to attend, though the program is mostly geared towards little ones under the age of ~8.

Pizza will be provided in the social hall after the 30 minute service.

[Please RSVP at this link.](#)

OCTOBER ONEG HOSTS

Thank you to October's oneg hosts:

**Marcus & Joan Nashelsky, Karen Lipman,
Jane Zukin, Shawna Levy, Nate Mullin, and
Karen Charney**

[Sign up to host an oneg at this link.](#)

BOARD MINUTES

October's board meeting minutes can be found [at this link.](#)

BUDDY SYSTEM

Interested in having a buddy or
being a buddy?
Information can be found [here.](#)

SERVICE SCHEDULE FOR 2025

The schedule for 2025 can be found [here.](#)

**Trying to reach the office or someone
else at the congregation?**

Hannah: office@agudasachimic.org

John: administrator@agudasachimic.org

Rabbi Hugenholtz: rabbi@agudasachimic.org

Sonja: principal@agudasachimic.org

SYNAGOGUE SENIORS

Join the Synagogue Seniors for another fun brunch on Thursday, November 20 from 11:00 a.m. to 1:00 p.m. in the Social Hall. Speaker information will be sent soon to the Synagogue Seniors email list.

Are you on the list? If not, email janezukin@gmail.com

RECURRING GROUPS WITH FIXED TIMES/DATES– [CALENDAR ON WEBSITE](#)

Yiddish Study Group

Mondays and Fridays at 10:30 a.m. via Zoom.

Book group

Fourth Wednesday of every month at 1:00 p.m.

Talmud Study Group

Sundays at 9:00 a.m. on Zoom.

Seniors Group

Third Thursday of every month at 11:00 a.m.

Intro to Judaism Class

Tuesdays at 7:00 p.m.

SHABBAT SERVICES

[Streaming link for Zoom services](#)

Lech Lecha <i>(Genesis 12:1-17:27)</i>	Friday, October 31	7:00 p.m.	Mishkan T'filah (Reform)
	Saturday, November 1	9:30 a.m.	Lev Shalem (Conservative)
Vayera <i>(Genesis 18:1-22:24)</i>	Friday, November 7	7:00 p.m.	Lev Shalem
	Saturday, November 8	9:30 a.m.	Mishkan T'filah
Chaye Sarah <i>(Genesis 23:1-25:18)</i>	Friday, November 14	7:00 p.m.	Mishkan T'filah
	Saturday, November 15	9:30 a.m.	Lev Shalem
Toledot <i>(Genesis 25:19-28:9)</i>	Friday, November 21	7:00 p.m.	Lev Shalem
	Saturday, November 22	9:30 a.m.	Mishkan T'filah
Vayetze <i>(Genesis 28:10-32:3)</i>	Friday, November 28	7:00 p.m.	Mishkan T'filah
	Saturday, November 29	9:30 a.m.	Lev Shalem

NOVEMBER SPECIAL EVENTS

Toxic Polarization Workshop	Agudas Achim	11/1	12:30 p.m.
Senior Enrichment Travel Course	Agudas Achim	11/4	2:00 p.m.
Tot Shabbat	Agudas Achim	11/7	5:30 p.m.
Senior Enrichment Game Time	Agudas Achim	11/11	1:00 p.m.
Youngish Jewish Group	Big Grove	11/13	7:00 p.m.
Bob Cargill Oneg	Agudas Achim	11/15	12:30 p.m.
President Sunday School Meet-and-Greet	Agudas Achim	11/16	9:15 a.m.
Big Ideas in Jewish Books	ICPL	11/17	6:30 p.m.
Senior Enrichment Travel Course	Agudas Achim	11/18	2:00 p.m.
Oneg Presentation on Free Medical Clinic	Agudas Achim	11/22	12:30 p.m.
<i>We will Dance Again</i> Screening	Agudas Achim	11/30	5:00 p.m.

See Mahjong / Warm Up America / Yoga dates elsewhere in bulletin.

OCTOBER DONATIONS

RABBI'S DISCRETIONARY FUND

Mel Sunshine: in memory of

Mildred Sunshine Siegel

Steve and Anne Price: in honor of

Alex & Eleanor Price

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Ruth and Douglas Nathanson

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Loretta Fingert: for the recovery of Ray Buch

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Diane Sunshine

Barney Sherman: in memory of

Isadora Ruffine Sherman

Bob and Donna Rodnitzky: in memory of Leo Pliner

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Alan and Nina Weinstein: in memory of

Maurice & Bess Weinstein and Emilia Lasansky

James Blum and Lori McMann

Paul and Esther Retish: in thanks for the synagogue's welcoming of Clyde

Kathleen Jacobs

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Nate Mullin and Madeleine Daily

Lisa Heineman and Glenn Ehrstine

Hershel Rephun and Devon Terrill

FREE MEDICAL CLINIC ONEG PRESENTATION

Jennie Schmidt, executive director of the [Iowa City Free Medical & Dental Clinic](#), will give an oneg presentation about the clinic after Saturday morning services on November 22.



NOVEMBER YAHRZEITS

Abraham Levitz	Gary Fingert	Max Rosenbaum
Al Widiss	Gerald Shomberg	Mertie Ellen Evans
Alda Haravon	Gordon Korsmo	Michael Nadler
Andrew Hoffman	Harry Portman	Miguel Margulis
Arthur Estin	Herman Stermann	Miriam Saltzman Goichberg
Barbara Anne Mutnick	Isadora Ruffine Sherman	Molly Goodman
Bernard Zwerling	Jack Freedman	Norman Berg
Bernice Warren	Jacob Portman	Norman Sellz
Bertha Tiss	Jacqueline Fooshe Ormond	Reba Magaziner
Bess Weinstein	Joseph Kimmel	Remi Cadoret
Beverly Tys-Berson	Joseph Sunshine	Rhoda Vernon
Chaim Graber	Judi Lerner Aizenberg	Rosalie Braverman
Claire Rephun	Kathryn Messer	Rose Marie Caplan
David Rothstein	Lena C. Dicker	Sage Adams Hall
David Vernon	Leon Middleman	Selma Asch
Doris Bonfield	Liba Goldberg	Selma Graber
Dorothy Kanef	Lillian Friedman	Sherman Bloom
Ed Laquer	Lisa Kaiser	Simon Assouline
Edward Dvoretzky	Lisbeth Ungar	Sol Meyer
Elsie Wingo	Louis Snider	Stanley Flatte
Emilia B. Lasansky	Mathilde Loewen Salomon	Victor Cohen
Florence Braverman	Max Dvoretzky	Victoria Haendel

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Rabbi	Esther Hugenholtz	Administrative Assistant	Hannah Sandler
Administrator	John Wertz	Custodian	Amos Kiche
Principal	Sonja Spear		

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