



Agudas Achim Congregation

401 E. Oakdale Blvd., Coralville, IA 52241

Phone: 319-337-3813

www.AgudasAchimIC.org

October 2024 / Elul 5784 – Tishrei 5785

High Holiday Service Schedule

For more detailed information, view our [High Holidays Bulletin](#).

[Zoom Webinar link for High Holiday Services](#)

Rosh HaShanah

Wednesday, October 2 (first night)

Wine & Cheese Reception: 7:00 p.m.

Erev Rosh Hashanah Service: 8:00 p.m.

Not Just Honey Cake Oneg: After service

Thursday, October 3 (first day)

Conservative service in Social Hall: 8:30 a.m.

Reform service in Sanctuary: 9:30 a.m.

Short Children's Service: 10:00 a.m.

Patio Lunch: After service

Rosh Hashanah Evening Service: 8:00 p.m.

Friday, October 4 (second day)

Rosh Hashanah Morning service: 8:30 a.m.

Congregational Tashlich (City Park): 3:00 p.m.

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Kever Avot

Sunday, October 6

Service at Agudas Achim Cemetery: 2:00 p.m.

October 7th Commemoration

Monday, October 7

Commemoration in Sanctuary: 7:00 p.m.

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Yom Kippur

Friday, October 11 (Erev Yom Kippur)

Kol Nidre: 6:00 p.m. (doors open 5:45)

Saturday, October 12 (Yom Kippur Day)

Conservative service in Sanctuary: 8:30 a.m.

Reform service in Social Hall: 9:30 a.m.

Children's Service: 10:00 a.m.

Learning Sessions: during afternoon pause

Yizkor: 4:30 p.m.

Minchah: 5:00 p.m.

Neilah: 6:00 p.m.

Children's Supper and storytime: 6:00 p.m.

Havdalah and Blowing of Shofar: 7:15 p.m.

Break-fast at the synagogue: After service

FROM THE RABBI
Rabbi Esther Hugenholtz

Reborn in Love

Dear congregational family,

October has come and brought with it in its wake crisp air, sunshine and the Jewish New Year! This abbreviated October Bulletin makes a good supplement to our previously published High Holiday bulletin (available on our website) where we list all the information you need to make this Season of Repentance practical and meaningful.

You will be hearing more from me when I'm on the bimah, so I will limit my remarks. The theme of this year's High Holiday season is 'Ahavah Rabbah' – 'A Great Love'. I know all of us can do with kindness, uplift and hope; shades of love that color our world and lives.

There is much we cannot control in our world. In the searing words of the Unetaneh Tokef, the High Holiday prayer, we wonder at 'who by fire and who by water'. Even if we don't adhere to an interventionist theology making it so, life over these last years has become more unpredictable and capricious than many of us dared suspect. It has become near-impossible to anticipate whatever comes next. In this sense, we are thrown back to similar existential insecurities that our ancestors faced, before the advancements of modern science and liberal democracy. Yet, when we feel unmoored, like 'withering grass', we also know that we can find solidity in our enduring tradition and community. We raise our values as a community like a banner. We gather beneath it; supporting each other, respecting our diverse views and moral commitments (and sometimes arguing for the sake of Heaven), we stick together as we try to figure it out. Life is all about trying to figure it out and Judaism is here to help.

It's hard to believe that I've been with the congregation for seven years and that I am about

to enter my 8th High Holiday season with Agudas Achim. Among the many uncertainties, the sense of belonging and rootedness I feel in this community is a blessing to my family.

Throughout this year, I have had impacting conversations with many of you as we tried to feel our way through the pain and confusion, and every encounter with our Agudas Achim family has been a privilege.

So here we are again, turning the wheels of time and finding comfort among ancient rhythms and their modern applications. The synagogue office is humming, the committees are working hard to make both ritual and social events a success, and I am editing my sermons (wish me luck!). As Rabbi Shai Held writes in 'Judaism Is About Love', love is not just an emotional state; it's an existential posture with which we move through the world. But more than that, it is a concrete action. It's how we bake our honey cakes and share them; it's the hanging of the '5785' gold balloons in the lobby, it's the laughter among the stress as lay leaders and professionals get this season off the ground. It is hands that bless children and grandchildren at our holiday tables. It is the open-heartedness with which we greet both members and visitors, extending a warm Jewish welcome to all. It is the care and concern with which we pray and work towards peace in our world, and hold onto that vision, especially when it seems so distant and impossible. It's the hug we receive when we feel overwhelmed, and perhaps, too, it is a glimmer of God's love as we light our candles and hear the melodies we hold dear. HaYom Harat Olam—'today is the birthday of the world'. May we all be born anew in 5785 in love, healing, and God willing, a deeper and more enduring joy.

L'shanah tovah u'metukah, with wishes for so much sweetness in this New Year.

HIGH HOLIDAYS THEME
2024/5785

Ahavah Rabbah

ABUNDANT LOVE

LISTEN TO ELANA ARIAN'S SONG
"AHAVAH RABBAH"
BY SCANNING THE QR CODE BELOW



[Song Link](#)

PLEASE NOTE

The office will be

CLOSED:

Thursday October 3: Rosh Hashanah 1
Thursday October 17: Sukkot 1
Thursday October 24: Shemini Atzeret

FROM THE PRESIDENT

David Lubaroff

Dear Congregants,

When searching for a topic for my monthly bulletin articles I often turn to the internet and read what other synagogue presidents have written or spoken. It helps motivate me. This month I came across a piece that so related to our experiences here at Agudas Achim, that I am “borrowing” the words written by another president. I do not look upon my use of words from someone else as plagiarism because I am up front with what I am doing, and I do it because of the way the words address life at a synagogue.

I would like to ask a question. It is rhetorical and you don’t need to answer me. The question is....Why? Such a small word. Only 3 letters. But the response to this question can be of such magnitude that it causes the word to pale in comparison to the response that it can generate. Personally, I have been involved in synagogue leadership for many years as a board member, executive committee member, and now president. You can trust me, then, when I tell you that if you are a Jewish consumer looking for value in any traditional cost/benefit sense, you won’t find it here. Why?

I’ll tell you why. What keeps all of us renewing our memberships despite any complaints we may have, is that we have found a place where we can confront the central questions of our existence. When that happens, the synagogue becomes a place where we connect to something larger than ourselves — to our community, to ideas that can transform our world. If you join that kind of synagogue, which Agudas Achim is, membership dues are a bargain and not a burden. These intangible benefits of membership are the only ones that make the cost of being a synagogue member “worth it.” Anything less is a bad deal.



If I’ve learned anything, it’s that we are an incredibly diverse group of individuals. We are in every possible age bracket. We are in every possible family situation. We are also everything in between. Some can read, write and speak Hebrew fluently and others not a word. Some of us are Jews whose lives revolve around our affinity for Judaism while others feel challenged to relate to Jewish teachings. Maybe some don’t see how what we do here is relevant to us or to our lives. We seek many different things from our community. Some attend Agudas Achim events to understand our Jewish heritage, identity, increase our education,

observance and spirituality. That pretty much sums it up. We have put out an all-inclusive welcoming mat, our arms wide open to greet you to provide a hospitable tent to accommodate all who wish to join us, whenever that is.

It’s about people, not programs. It’s about relationships and not fee-for-service transactions. At Agudas Achim, we want to have a big enough tent for everyone. That’s our goal. That’s what we’re trying to accomplish. We want all of you to feel and to be comfortable here at Agudas Achim. And, for the most part, I think you do. We want all of you to know that you’re important and that you’re a welcome and valuable member of our Agudas Achim community. The trick is, how do we accomplish this? How do we develop programs that appeal to such a broad range of people and experiences, given how very different all of us are. I hope that some of you can appreciate what a difficult challenge this is.

Another issue is the ever increasing percentage of people who identify themselves as Jews, but don’t affiliate with or join any synagogue at all. Although I am a naturally born and professionally trained pessimist, I don’t think it’s helpful to dwell on these negative projections. Instead, I remain optimistic

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FROM THE PRESIDENT

David Lubaroff (cont.)

(Continued from page 4)

about the Jewish people and the future of the Jewish people. Why? Membership at a synagogue is not like membership at a country club. It is not goods for services. We join a synagogue because we believe in supporting Jewish institutions. We join a synagogue because we care about the future of Judaism in our community. We understand that you may decide not to come to the synagogue much during the course of the year. However, despite your lack of attendance, it is your membership that truly supports the institution. There will come a time when you need the synagogue. Perhaps not this year, but the next. And you know what, because you were there for Agudas Achim, Agudas Achim will be able to be there for you.

We have all chosen to be part of the Agudas Achim community. So, why make the choice to belong to a Jewish community? Again, why? I think it is because we are looking for a place that is welcoming, a place where we can build intimate relationships, a place where we are supportive of each other, a place that addresses profound spiritual yearnings, and a place where we can connect with Jewish tradition. We are looking for a place to call home, a community. I believe that Agudas Achim is that place. A community is different than a congregation. A congregation is a place where people come together, where they congregate, but a community is much more than that. It is a network of support and relationships. The more you take part, the more you build those

relationships, the more connected you feel. When we become part of the community, we become part of something much larger than ourselves. It certainly has been that way for me and for my family.

Back to why....Why do people flock to “shul” on the holy days? Why do otherwise non-observant Jews find it so important to be in a synagogue during this holy season? I believe the answer is both very simple and incredibly subtle. We come because we care about being Jewish. We come because that’s what Jews do. We come because we are seeking God’s presence. We come because it is about a new year...an opportunity for new beginnings.... and the synagogue is the place where, for countless generations, Jews have gathered together to share these experiences as part of a vibrant community.

So in many respects, it’s all about connections, connections to the Jewish people, connections to our beloved community, and to Eretz Yisrael – the Land of Israel. Our job as a synagogue is to help you and others make these connections. Our job is to make the wonderful community we have here at Agudas Achim your community, one where you feel comfortable, welcome and important.

May the year 5785 be a year of greater peace and security in Israel, throughout the Middle East, and the world over; And for all of us, our families, the State of Israel and for the Jewish people everywhere, a very happy, healthy and sweet new year.

L’Shana Tovah!

SEPTEMBER BOARD MEETING MINUTES

The September board meeting minutes can be found [here](#).

SCHOOL NEWS

Sonja Spear

There were some familiar faces and some new faces on the first day of Sunday School. I am happy to announce that we have enrolled 36 students, compared to 19 in 2020. In fact, we are overflowing the classrooms a bit. Fortunately, the synagogue has installed a fence, which allows us to play and to learn outdoors some of the time. Well, until winter hits.

I am usually cautious about linking enrollment trends to any particular thing that the synagogue does. Families decide to send their kids for reasons deeply embedded in the culture of that family. In a small school like ours, just a handful of people choosing to join can look like a huge trend. (A few families joined, and we're approaching a 100% increase in students!) But, well, what the heck. Let's throw caution to the winds and celebrate!

It takes a whole synagogue to nourish a school! The synagogue has fostered the Families with Young Children Group, a pre-school play group whose graduates are now joining the school's pre-K class. (Thank you to the Membership Committee, especially Jane Zukin and Karen Lipman as well as Loren Kanner and Samatha Brotman, not to mention Karen Charney, Tot Shabbat leader extraordinaire.) Rabbi Esther's outreach to the greater Iowa City community also drew families to the synagogue. The Social Committee has been so gracious in allowing the synagogue's children's programming to take advantage of their pizza *oneg* and other events. (Thank you, Lori and Ari!) I could go on, but I get nervous about accidentally leaving someone out. I'll put it this way: Everyone who

volunteers, everyone who expresses enthusiasm Jewish life, everyone who comes to *shul* with a light heart and a smile, all these people have helped to increase enrollment in the school. Nothing is more attractive than an active, happy community.

I would like to offer my special and deepest thanks to the people who teach and volunteer in the

school. School began with a Friday night service and hot dog roast, which would have fallen apart completely if Noah Stein had not swooped in and saved the day. That guy can grill a hot dog! Meyer Lehman comes to school every Sunday, where he helps lead songs, keeps students engaged and on track, and quietly models *mentschlichkeit*.



We have always been lucky with our teachers, now more than ever. Hannah Sandler, who teaches the littlest kids, has years of experience running a day care. Not only is she unflappable, she also has an apparently endless supply of craft ideas. Hersh Rephun, a professional comedian, shares his love of Judaism with the kids. Hersh has an Orthodox background, which makes him fluent in the language of *mitzvot*. Avery Lehman is still in high school, but she has amazing organizational skills and energy to burn. She is smart about lesson planning and engaging the kids with hands-on projects. Mallory Hellman, who is the director of the Youth Writing Project, is good at making the kids feel like she takes their ideas seriously. (She really does take their ideas seriously – that's the secret to her success.) Discussions in her class can get very deep and also sometimes silly in the best way. Shawna Levy has assisted in the school for

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SCHOOL NEWS

Sonja Spear (cont.)

(Continued from page 6)

longer than I've been principal. I don't know what we would do without her willingness to fill in anywhere or her kindness.

Finally, but hardly the least, we have several graduates of the program who have remained as teachers. Logan Jaskolka – I remember his Bar Mitzvah – teaches *tefilah* (prayer) at all levels. He has high standards and a deep sense of mission. I have seen the kids grow more confident with his guidance. Robyn and Josie Hermiston have moved seamlessly from high school students assisting their mother to running their own Pre-K classroom. Toe Collins and Martin Blum have returned to Sunday School as teaching assistants. They organize games, organize snacks and, well... You just never know what might come up in Sunday School. One January Tu Bishvat, I arrived at Sunday School to find that the bag of potting soil I'd left in my trunk overnight had frozen solid. I left it to the teaching assistants to apply their high school science to the problem of thawing it fast. I'm sure something just as entertaining awaits Toe and Martin.

Now that I've been principal for a little more than a decade, I've seen a lot of people pass through the school. Some of them come back. Those who don't still go on to do good work in the world. A few even work or volunteer in Jewish communities outside Iowa. I like to think that through them a little bit of Agudas Achim goes out into the wider world. It takes a synagogue to nourish a school; it takes many synagogues and many willing hearts to bring the Jewish community into the future.

ADULT EDUCATION

Lisa Heineman

As I write this, I'm recovering from the whirlwind visit of our scholar-in-residence, **Rabbi Micah Streiffer**. What a terrific weekend! Around 40 people attended our Friday evening Kabbalat Shabbat & panel at the Senior Center, and about 15 visited each of our study sessions on Saturday and Sunday. Along the way, Rabbi Micah served on a Beit Din and, together with Rabbi Esther, led a moving Selichot service. Deepest thanks to all the volunteers who helped to make these events possible.

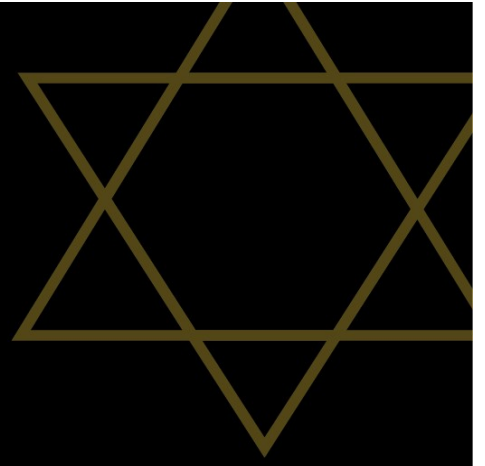
If you'd like to follow up with Rabbi Micah – perhaps to join one of his online classes or study groups – you can follow up here: <https://micahstreiffer.com/>

Our schedule for October will ramp down a bit in consideration of the High Holidays, but we do have a couple of events planned:

Saturday, Oct. 12 – Once again, we'll offer gentle study sessions between the morning and evening services on Yom Kippur. If you'd like to offer a session – or do some brainstorming on how to develop one – contact Lisa at AdultEd@agudasachim.org.

Monday, October 28, ICPL meeting room D – Big Ideas in Jewish Books, discussion of Sharon Brous, *The Amen Effect*





REMEMBERING & HONORING

October 7th

Join us for a contemplative and prayerful ceremony to remember and honor the victims of the October 7th massacre

We will light candles, read poetry and write reflections or (symbolic) letters to the victims and survivors.

You are invited to bring a stone and/or a candle to light. Candles will be provided by the synagogue. Stones can be painted with messages.

We will remember with meditation, poetry and prayer and close with the Mourners' Kaddish.

*Zichronam livrachah ~
may their memory
be a blessing.*

**Monday, October 7th, 7 pm
Agudas Achim Synagogue,
All welcome**

October 7th

Marking One Year 

Date: Monday, October 7

Time: 5–6 p.m.

Location: Iowa State Capitol Rotunda

As a community, we will gather to remember those who were murdered and pray for the safe return of the hostages.

RSVP:
info@jewishdesmoines.org



Jewish Federation
of Greater Des Moines

PRE-ROSH HASHANAH PARK MEETUP

The Agudas Achim Young Family group including a few grandparents got together at a pre Rosh Hashanah park meet up in North Liberty. Crafts and snacks were enjoyed by all. Thank you to Nicole Nagin for planning this event.



BAT MITZVAH OF NESHI MARGULIS

Please join us for the bat mitzvah of

Neshama Margulis

Friday, October 25 and

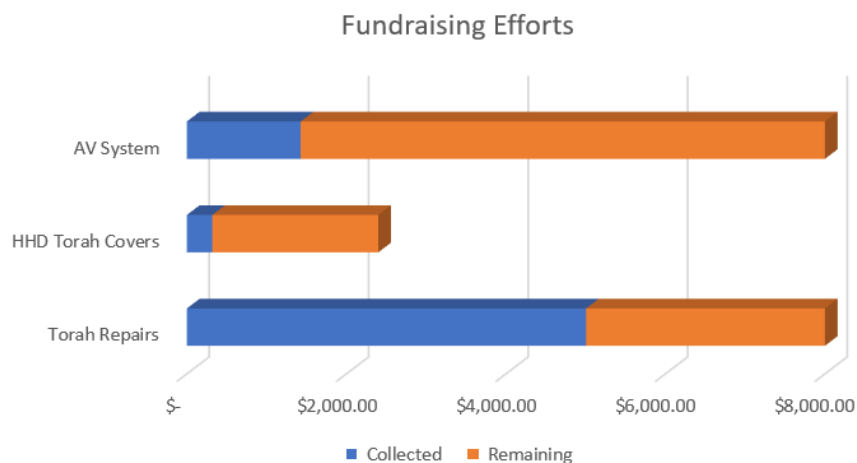
Saturday, October 26

At Agudas Achim Congregation.



CONGREGATIONAL NEEDS FUNDRAISER

From time to time our congregation has needs that you may have a special passion for helping to provide to our space. In an effort to ensure our stability as a congregation, feel free to donate to these "smaller" important needs, as you are able. We will be noting our progress (transparently) each month to monitor where we are in reaching these goals! Note: we have now repaired our Torahs, but we still encourage donations to help cover the costs and to help replenish the Torah fund.



BUDDY SYSTEM

Interested in having a buddy or being a buddy? Information can be found [here](#).

COVID COMMENTS+

Bob Wallace, Barcey Levy & Jane Zukin

The current “surge” of COVID-19 infections is still with us, although national and some local data suggests it is lessening.

It is still important to take precautions and avoid crowded situations when possible. Vaccine is available at the usual sources and it is still recommended that all persons who are eligible receive it. Masks will be available at the synagogue for services and all other events. The US government has made COVID-19 home tests available. The information we have is that you can order four of them from: covidtests.gov. You can also call 1-800-232-0233.

To your health!

LIBRARY NEWS

Teresa Weiner



Shanah tovah u'metukah!

WARM UP AMERICA

Therese Guedon, Jeanne Cadoret, & Jeanne Abrons

Warm Up America invites you to join us, meet our people, and see our afghans in progress as we prepare them for fall donation to local groups.

We'll be by the windows in the social hall on Sunday morning, October 20, 10:30 a.m. to noon.

Alternately, how about adding a new project for 5785? Many of our knitters and crocheters create afghan patches at home. If this interests you, please let us know.

We also accept donation of cash through Tikkun Olam, and of all-synthetic yarn for the afghans.

Wishing you a sweet, healthy, safe, and warm 5785. L'shana tova.



SEPTEMBER DONATIONS

RABBI'S DISCRETIONARY FUND

Jeffrey Whitebook: in memory of
Julie Whitebook

Richard Levine: in memory of Mortimer Levine

Sue and Ken Blackwell: in memory of
Jerry Baskin

BUILDING FUND

Marcus and Joan Nashelsky: in memory of
Joan Nashelsky

CEMETERY FUND

Rhoda Vernon: in memory of Ida Vernon

GARDEN FUND

Nancy Sprince: in memory of Lillian Zwerling

GENERAL FUND

Bernard Miller and Sonja Hauter: in memory of
Jean Miller

Marc and Nancy Zwerling: in memory of
Craig Zwerling

Gary and Cathy Cohn: in memory of
Charlotte Cohn

LOUIS GINSBERG YOUTH FUND

Mark and Vickie Ginsberg: in memory of
Douglas Ginsberg

HIGH HOLIDAY FUND

David and Martha Lubaroff

Leonard Sandler and Lucy David: from Len, Lucy,
Hannah, Josie, Robyn, & Maya

Michael and Myra Clark

Miriam Gilbert

Ruth and Douglas Nathanson

Ray and Lindy Buch: from the Buch & Hill Family

Irwin and Patricia Levin

Marcus and Joan Nashelsky

Robert and Vida Brenner

Joel Dressler

Tom and Becky Gelman

HIGH HOLIDAY FUND (CONT.)

Karen Charney and Benjamin Coelho

Carrie Z. Norton

Luke Granfield and Hillary Heller Granfield

Susan Groff-VanArendonk

Joel Shilyansky and Sonia Sugg

Sonja Spear and Stephen Wolcott

Bernard Miller and Sonja Hauter

Sue and Ken Blackwell

Sue Weinberg and Robert Armstrong

Nancy Sprince

David and Martha Lubaroff

LIBRARY FUND

Pamela and Bill Kutschke: in memory of
Donald Herbach

Jaime Kean: in memory of Pat Kean

PRAYERBOOK FUND

Charlotte Dvoretzky: in memory of
Miriam Silversteen

RABBI PORTMAN PROGRAM FUND

Murray and Meryl Cohen: in memory of
Marilyn Krachmer

Richard Levine: in memory of Mortimer Levine

Kara and John Herbst: in memory of
Marilyn Krachmer

SAFETY FUND

Ewa Bardach and Hani Elkadi: in memory of
Janusz Bardach

TIKUN OLAM FUND

Sam and Marj Kuperman: in memory of
Eleanor Frank

TORAH FUND

Sue Weinberg and Robert Armstrong

James Blum and Lori McMann

Mark and Jayne Sandler: in memory of
Margaret Heineman

CEMETERY COMMITTEE

Calling all synagogue members in search of a committee to join: the cemetery committee would love to have you! Our little group of two will soon be only one, as one of us is starting a new job too far away to be a backup. We are in need of at least another person or two on the cemetery committee to make sure needs are covered when required. If you are willing to commit to this meaningful and important service to the Agudas Achim congregation, please contact Rich Haendel at rhaendel@g.com.

MAHJONGG

Join us for Mahjongg from **1:00-3:00 p.m.** (unless noted) in the synagogue on the dates below. Bring a Mahjongg card if you have one. It is helpful to know by the Friday before the Sunday game who is planning to play so please email the host if you plan to play. There are also reminders in the synagogue weekly email and monthly bulletin. Beginners and walk-ins are always welcome.

Upcoming Dates:

October 6 & 26 RSVP to [Karen](#)



CHEVRA KADISHA

We are looking for people to be part of a chevra kadisha when called upon (to help perform the ritual washing of the bodies of those who have recently died in the congregation). Please contact the office if you'd be willing to help honor those who have died with this important task. You would not have to participate every time.

SEPTEMBER ONEG HOSTS

Thank you to September's oneg hosts:

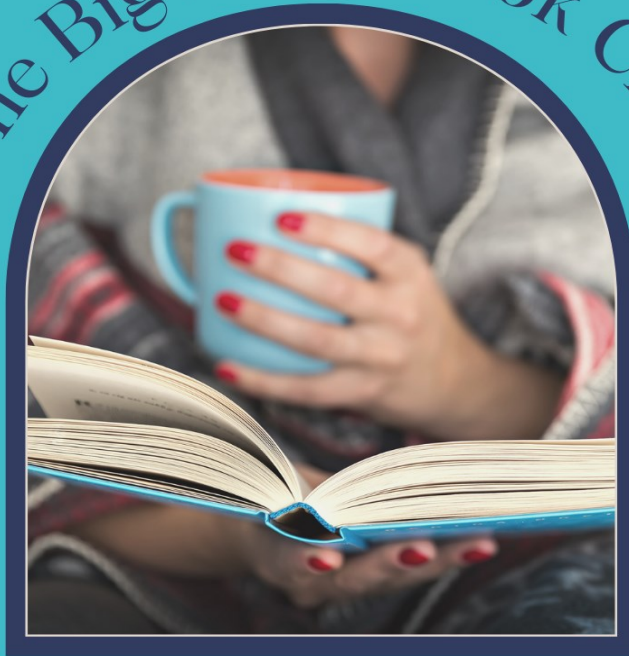
Ari Levin, Lori McMann & James Blum, David & Martha Lubaroff, and the social committee.

[Sign up to host an oneg at this link.](#)

SERVICE SCHEDULE FOR 2024

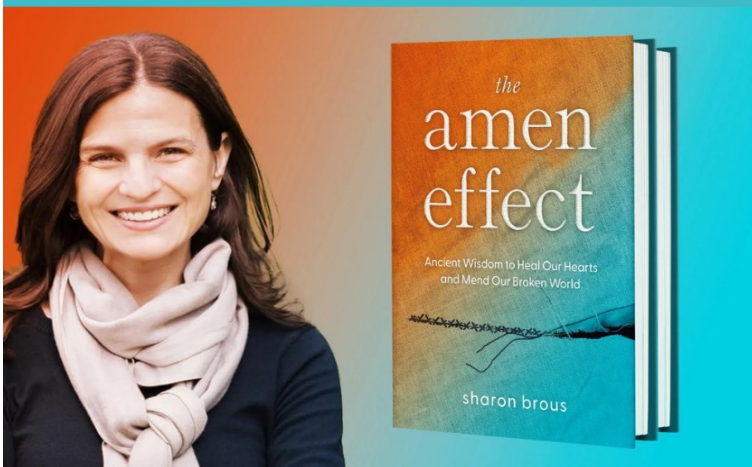
Please find the service schedule for the rest of 2024 [here](#).

The Big Ideas Book Club



Come explore important Jewish ideas
at the Iowa City Public Library

ICPL, Monday October 28,
6-7:30 pm



Sharon Brous

“The Amen Effect –
Ancient Wisdom to
Heal our Hearts
and
Mend our Broken
World”

More info? Contact
adulted@agudasachimic.org



**NOVEMBER 3
10:30 AM- 2 PM
KITCHEN @
AGUDAS ACHIM**

CHALLAH BAKE

**LEARN HOW TO MAKE
AND BRAID CHALLAH
AND BRING HOME A
TASTY TREAT!**

**JOIN SAMANTHA BROTMAN AS SHE TEACHES
PARTICIPANTS HOW TO PREPARE THIS
TRADITIONAL FOOD.**

**ALL INGREDIENTS SUPPLIED BUT PLEASE BRING
AN APRON AND YOUR OWN PAN TO BRING
DOUGH HOME.**

**CLASS LIMITED TO
10 PARTICIPANTS-
SIGN UP AT THE
LINK BELOW.
RSVPS DUE NO LATER THAN
OCT. 25**

**ALLERGEN WARNING:
EGGS
MILK
FLOUR
SUGAR
YEAST
BUTTER
HONEY
SESAME SEEDS
POPPY SEEDS**

[RSVP at this link.](#)

YOM KIPPUR SERVICES-OCTOBER 12

The Iowa Hawkeye football team is playing at 11 a.m on October 12. Services at Agudas Achim begin at 8:30 a.m., and we anticipate heavy football traffic on the interstate, as well as on Dubuque Street. We welcome you to remain at the synagogue in between services if this is easier for you, however; we ask that you vacate the sanctuary following morning services so that chairs and tables can be moved for services. later in the day. Water, juice, and light snacks will be available.

CHESHVAN YOGA

Cheshvan is considered a bitter month due to its dearth of Jewish holidays. Let's sweeten the season by joining together for some Cheshvan Yoga!

In this class, we will relax, refresh, and rejoice in the New Year while giving ourselves time to rest and integrate our personal experience of the High Holy Days. We will come with a simple movement practice that we can add to our daily routine. Everyone is welcome. No previous Yoga experience necessary!

Sunday November 17th from 2:00-3:00 p.m.

Agudas Achim Congregation

*Bring: Yoga mat, large towel, or blanket
(optional, but nice to have)*

For more information: leslea-collins@outlook.com

SENIORS GROUP

The last Synagogue Seniors event featured a presentation by award winning children's book author Michelle Edwards. Due to the October High Holidays, the next Synagogue Seniors event will be from 11 am to 1 pm Thursday, November 21. Mark your calendars.

Shana Tovah!

To learn more about Michelle Edwards: <https://www.michelledwards.com/>



NEW DIVERSITY STATEMENT

We have placed a new diversity statement on [the homepage of our website](#). It reads as follows:

Agudas Achim is a home for all Jews. We are Jews (and friends) of all generations, genders, socio-economic statuses, racial and ethnic identities, (dis)abilities and levels of observance. We are born Jews, Jews by choice, and Jewish adjacent. We are interfaith families, LGBTQ+ folk, singles, and elders. We are Jews with the full range of positions on Israel, Zionism, and the Diaspora. We welcome all with open arms, hearts, and minds.

Pathway to the Inner Life: The Mussar Institute



Join Lea Haravon Collins, Ph.D., certified Mussar facilitator, yoga instructor, and cantorial soloist, to learn about and practice the Jewish spiritual wisdom of Mussar.

**In-person classes at
Agudas Achim 2-3:30 pm on
November 3, 10, & 24,
December 8 & 22,
January 5**

**Participants will study with chevruta
(study partners) on alternate weeks.**

ONLY ONE SPOT REMAINS!

[To Register For more information](#)

[Lea Bio](#)

[Contact Lea](#)

OCTOBER SPECIAL EVENTS

Event	Location	Date	Time
Free Lunch	Free Lunch	Oct. 16	8 am-1 pm
Early Keyboard Society Concert (ICEKS)	Agudas Achim	Oct. 27	3 pm-5 pm
Book Club: Amen Experience	IC Public Library	Oct. 28	6 pm–7:30 pm

See dates for High Holiday services, Mahjongg, Yoga and Warm Up America elsewhere in bulletin.

RECURRING GROUPS WITH FIXED TIMES/DATES– [CALENDAR ON WEBSITE](#)

Yiddish Study Group Mondays and Fridays at 10:30 a.m. via Zoom.	Book group Fourth Wednesday of every month at 1:00.	Intro to Judaism Class Mondays at 7:30 p.m.	Talmud Study Group Sundays at 9:00 a.m. on Zoom.	Adult Learners Group Alternate Mondays 6:00-7:00 p.m.	Seniors Group Third Thursday of every month at 11:00 a.m.
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SHABBAT SERVICES

[Streaming link for Zoom Shabbat services](#)

Haazinu <i>(Deuteronomy 32:1-52)</i>	Friday, October 4	7:00 p.m.	Lev Shalem (Conservative)
	Saturday, October 5	9:30 a.m.	Mishkan T'filah (Reform)
[Yom Kippur]	Friday, October 11		
	Saturday, October 12		
Shabbat chol hamoed sukkot	Friday, October 18	7:00 p.m.	Lev Shalem
	Saturday, October 19	9:30 a.m.	Mishkan T'filah
Bereshit <i>(Genesis 1:1-6:8)</i>	Friday, October 25	7:00 p.m.	Bat Mitzvah of Neshi Margulis
	Saturday, October 26	9:30 a.m.	Bat Mitzvah of Neshi Margulis

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Andrea Levey	Harry Hagman Kaufman	Rivalie Sideman Cohn
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Dov Tsachor	Jeanne Louise Weiner	Sidney Lenett
Ethel Weinberg	Joseph Lewin	Sylvia Lipman
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