

Agudas Achim Congregation

401 E. Oakdale Blvd., Coralville, IA 52241 Phone: 319-337-3813 www.AgudasAchimIC.org

August 2024 / Tammuz-Av 5784



Photos courtesy of Myra Clark

FRIDAY NIGHT ONEG SHABBAT David Lubaroff, President

The efforts of members of the social committee rejuvenated the practice of a hosted Oneg after each Friday evening Shabbat service. Each of these during the past year have been wonderful and members have been instrumental in their success. Not only do these events provide food, but also have encouraged more social interaction among attendees. Therefore, you are invited to sign up to be a host for one or two Friday evenings. Martha and I have reserved two dates this fall and hope many of you will do the same.

The link to SignupGenius is <u>here</u>.

RABBI HUGENHOLTZ VACATION / SABBATICAL

Rabbi Esther will be on leave from July 1 until August 31. During this time, please contact the office at (319)337-3813 or <u>office@agudasachimic.org</u> for assistance. The rabbi cannot guarantee that she will read emails received during this period upon her return in September. Please resend email from the first of September onwards.



FROM THE PRESIDENT David Lubaroff

Much has been written about what makes a successful synagogue, one that provides religious, educational, and social experiences for its congregation. And – who makes plans and decisions to best accomplish these goals? I have touched on this subject in previous bulletin messages. To evaluate how successful the synagogue's leadership has been we must periodically pause to review our progress toward success. Agudas Achim Congregation has never had any regularly scheduled review. The current leadership, rabbi and board of directors, began the process to formalize the review over a year ago. We chose to use a plan constructed by the Union for Reform Judaism (URJ) in collaboration with the Central Conference of American Rabbis (CCAR), "Mutual Review: Building and Nurturing a Sacred Partnership between Rabbi and Congregation" with additional material taken from the URJ's "Sacred Partnership: A Resource and Discussion Guide."

As described in the mutual review publication, "A mutual review is an opportunity for helping the entire congregation, including the professional staff and the board, to better accomplish the synagogue's mission, vision, values, and goals. Review includes thoughtful and intentional discussion of balancing the immediate needs of the congregation while discerning plans for the future. Mutual review sets the direction for leadership development, for both lay leadership and professionals, identifying areas of strengths, challenges, and areas for essential growth. Review encourages exploration, discovery, and experimentation. This requires the commitment of everyone in the process. The goal of a review process is to strengthen relationships and lines of communication and maintain a focus on the congregation's mission, vision, and values."

The first task was to form a *Mutual Review Committee*. Members chosen were: Past Presidents Michael Flaum and Kathy Jacobs, long time members Nancy Sprince and Barcey Levy, and newer member Maurine Neiman. The committee met often after their appointment, then met with me, as president, and later with the board of directors. Individual committee members met with the rabbi in a number of one-on-one discussions.

The mutual review committee had the choice of three types of reviews: a Summative, a Formative, or a Blended Review. They chose the Blended which was felt to combine the best aspects of the first two and allowed for an evaluation of how well the rabbi and lay leadership worked together for the survival and growth of the congregation. A series of questions, taken from the URJ publication and suggestions from the lay leaders, were submitted to the rabbi and members of the board and would serve as guidance during the mutual review meeting.

The meeting was held on June 2, 2024 at the Prairiewoods Center in Hiawatha, IA. In attendance were Barcey Levy and Nancy Sprince from the MR Committee, Rabbi Hugenholtz, and members of the

(Continued on page 3)

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Agudas Achim Board of Directors. What ensued was three hours of fruitful interactions among everyone present, facilitated by Barcey and Nancy. These included the following areas: contributions to building a healthy workplace, and use of our strengths to benefit our community; nurturing new leadership in our synagogue, and the cultivation of a culture of collaboration on our board; enabling and empowering our members to offer their skills to our synagogue community; what are the working assumptions about our synagogue that we all hold, especially regarding worship, learning, and social justice; are we, as the rabbi and lay leaders, selfaware in times of conflict and do we handle feedback constructively; and finally, what three insights have we had about our congregation recently.

The MR committee concluded that the discussion was characterized by constructive communication, self-reflection, and mutuality. This was felt to be true of interactions among the rabbi, staff, and board members. A strength of the current relationship between the rabbi and the lay leaders is the biweekly meetings of the president, president -elect, and the rabbi. These meetings are where new ideas and plans are discussed that promote beneficial programming for our membership. Small group chats where the president and vice president meet with congregants, have generated many new ideas that reflect the desires of some of our members. We will continue the biweekly meetings throughout the year, even if one of us may be unable to meet on a particular date. Continuation of the small group chats will also occur this fall.

Quoting from the review document submitted by the committee: "The topics for further discussion that were raised included improving compensation, job training, and recognition for the Administrator and Secretary; need for a strategic plan that includes issues related to our building; flexibility in reacting to external challenges; addressing conflict and divisive issues; creating a pipeline for lay leaders; and making sure that people feel welcome and greeted when attending services. Given that we are a relatively small congregation, it is important to stay within a reasonable bandwidth and to be mindful of our capacity."

This review is not a one and done, it is an ongoing process with periodic conversations to identify areas of strength and improvement of the professional staff, board, and congregation. Review can be a vehicle for community building and ought not be a means for division and rancor. It should be approached with the notion that this is a positive step for both the rabbi and the community and a means for continued community and relationship building. After all, if synagogues are, among other things, learning communities, what better place to start than to learn about the synagogue and each other?

I also want to make comments about our religious school principal and the education committee. This year we have been able to observe the successes of the new religious school curriculum, planned and approved before and during the COVID-19 pandemic. It was, by necessity, delayed in its implementation, but finally used during the 2023-24 school year and has been a resounding success. Students are happier, more interactive, and enjoying learning subjects using the new plan. The benefits are measurable, with an increase in enrollment. Congratulations to our Principal Sonja Spear and to the present and past members of the education committees for their perseverance and belief in the curriculum.

The mutual review will continue during the coming year and the next meeting will be held after the election of new officers and appointment of new committees in 2025. Many thanks to all members of the MR committee, the rabbi, and members of the board.

EREV TISHA B'AV SERVICE

An Erev Tisha B'Av service will be held on Monday August 12 at 8:00 p.m., and people can contact Corvin Greene at <u>corvingreene@gmail.com</u> if they'd like to help read Eichah (in either Hebrew or English). We will have a brief Maariv service and the traditional reading of Eichah.

JULY BOARD MEETING MINUTES

The July board meeting minutes can be found here.

NEW YAHRZEIT BOARD

Our Yahrzeit boards are full. We contacted Gabel and Schubert, the company that manufactured all four of our current boards to order a new one. The company sent a proposal for a board identical to the originals and we will be ordering it shortly. Martha and I will be the sponsors and pay for its purchase. It will read: Sponsored by the Lubaroff Family.

Regards,

David Lubaroff, President

BUDDY SYSTEM

Interested in having a buddy or being a buddy? Information can be found <u>here</u>.

WARM UP AMERICA

Warm Up America will meet in the social hall from 10:30 a.m. to noon on Sundays August 4 & 18.

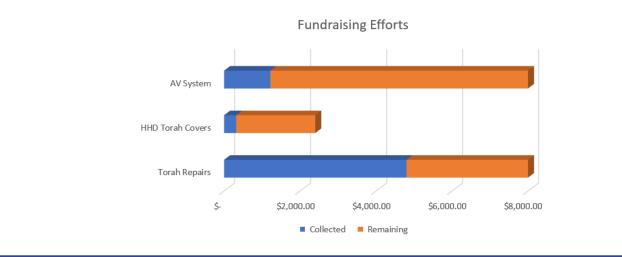
Are you interested, but busy on Sundays? Our members knit and crochet patches at home, too.

Contact the office for information.



CONGREGATIONAL NEEDS FUNDRAISER

From time to time our congregation has needs that you may have a special passion for helping to provide to our space. In an effort to ensure our stability as a congregation, feel free to donate to these "smaller" important needs, as you are able. We will be noting our progress (transparently) each month to monitor where we are in reaching these goals! Note: \$2400 was previously in the Torah fund and is included here under Torah Repairs.



PASSOVER FOOD FOR SALE

Agudas Achim has purchased the unsold Passover food from the Iowa City HyVee on First Avenue and are making them available to our members at a reduced price. Unopened products can be used in future Passovers. Please contact the office at <u>office@agudasachimic.org</u> to arrange a time to browse and purchase items. Cash only please.

Item	Retail	Sale
Manischewitz matzo	\$20.99	\$12.00
Manischewitz products	\$ 4.99	\$ 4.00
Hot cereal	\$ 3.99	\$ 2.00
Gluten Free cake mix	\$ 7.99	\$ 4.00
Matzo farfel	\$ 5.99	\$ 4.00
Sparkling cider	\$ 2.99	\$ 1.00
Streits products	\$ 4.99	\$ 4.00
Manischewitz wheat matzo	\$ 5.99	\$ 3.00
Manischewitz Gluten Free garlic matzo	\$ 6.99	\$ 4.00
Manischewitz potato starch	\$ 5.99	\$ 4.00
Manischewitz matzo meal	\$ 4.99	\$ 2.50

ADULT EDUCATION: Introducing Our Scholar in Residence Lisa Heineman

As the summer marches on, we are busy preparing for our Scholar in Residence, Rabbi Micah Streiffer, who will visit for Selichot. Please mark your calendars for this first-of-a-kind program at Agudas Achim!

Rabbi Streiffer is the founder and director of <u>LAASOK</u>, a virtual Beit Midrash that brings together liberal Jews (and the Jewishly adjacent) to engage meaningfully with our sacred texts; he hosts the popular <u>Seven</u> <u>Minute Torah podcast</u>, which explores the weekly Torah portion through progressive Jewish eyes; and he is Rabbi Emeritus of Kol Ami near Toronto and currently serves at Am Shalom Congregation in Barrie, Ontario. He is in demand as a scholar-in-residence across the United States and Canada. You can read more about Rabbi Streiffer at <u>htt://michastreiffer.com/</u>

Rabbi Streiffer will present a series of sessions on the topic: **Judaism in the 21st Century: Where Have We Been? Where Are We Going?** Here's an introduction to whet your whistle:

To be Jewish is to live always with one eye toward the past and one toward the future. In every era, we creatively shape and reshape our Judaism in response to changing needs, while maintaining connection to our ancient, unbroken chain of tradition. This weekend will be an exploration of how Judaism is changing - and staying the same - in the turbulent 21st century. How is Jewish identity evolving in response to our rapidly evolving world? How do we balance religion, nationhood, and ethnicity in our Jewish identities? How do the land and state of Israel shape us, and how do they divide us? What does it mean in to be part of the Jewish people in 2024, and where do we want to be a generation from now?

Here's our tentative schedule:

Friday, September 27: Downtown Shabbat service followed by a public lecture (location tbd) Saturday, September 28: Post-Shabbat learning workshop at Agudas Achim Sunday, September 29: Brunch learning workshop at Agudas Achim

COVID COMMENTS Bob Wallace, Barcey Levy & Jane Zukin

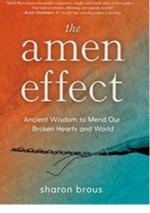
Posted 27 July 2024

The most important COVID-19 issue now is that new strains are causing an increased infection rate in the US and elsewhere. According to CDC, increases are currently being seen across the country in test positivity, emergency department visits, hospitalizations, and deaths. In Iowa, where there is not much data, the state's rate has been ranked by CDC as "moderate." This is done by searching for the virus in wastewater. While the rates are not as high as they were last winter, it is time to consider activating some of the prior preventives, particularly with regard to using masks in crowded areas, particularly indoors, and when traveling, either in the US or abroad. Activity is high all over the globe. Two states that border Iowa, Missouri and Minnesota, have been ranked as "high" or "very high" in COVID levels. Also, please be sure that your COVID-19 vaccination are up to date. There has been no change in current policies for the synagogue as of this writing.

To your health!

LIBRARY NEWS Teresa Weiner

Check out these recent additions to our library!



"From the Hebrew word *emunah*, meaning "to believe" or "to affirm," the word amen serves as an acknowledgement of the other. *Yes, I believe you, I see you. Amen.*

The Amen Effect reads as an extended philosophical and spiritual conversation about the perils of alienation and tribalization and the importance of the "true, heartfelt encounter." "

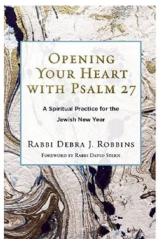
-- <u>https://www.jewishbookcouncil.org/book/the-amen-effect-ancient-wisdom-to</u> <u>-mend-our-broken-hearts-and-world</u>

Recovering the Heart of Jewish Life JUDAISM IS ABOUT LOVE SHAI HELD

"The book has a lengthy section on the nuances of chosenness, on comparing Jewish conceptions of love to Christian ones, and on the complicated need to love our enemies.

For Held, Judaism's many interactions with and discussions of love are anything but simple. He believes love straddles both the emotional and the actionable; and thus, love is less a feeling than a worldview, an attitude for living."

--- <u>https://www.jewishbookcouncil.org/book/judaism-is-about-love-recovering-the-heart-of-jewish-life</u>



"During the month of Elul and the High Holy Day and Festival season, we reflect on our relationships, choices, beliefs, and practices, considering where to make repairs, adjustments, and atonement.

Opening Your Heart with Psalm 27 provides gentle guidance through this journey of reflection, offering heartfelt insight, profound translation, and an invaluable framework for meaningfully participating in this annual spiritual practice."

-- https://www.ccarpress.org/shopping_product_detail.asp?pid=50465

ADULT EDUCATION Lisa Heineman

Get ready from some great programming as we wrap up the summer!

Aug 28, ICPL: Big Ideas in Jewish Books will discuss Rabbi Sharon Brous's The Amen Effect

Sep 25, Location TBA: Big Ideas in Jewish Books will discuss Rabbi Shai Held's Judaism Is About Love

Sep 4, 11 & 18, Location TBA: [detail on Taste of Judaism from Rabbi Esther]

Sep 27-29: Scholar in Residence Rabbi Micah Streiffer - see article elsewhere in this month's bulletin

We're looking forward to another year of terrific Adult Ed programming! Here are some of our guiding principles:

- We aim for programming on a wide variety of topics, knowing that congregants' interests vary from current events, to textual and language learning, to Jewish history and ethics, and more.

- We keep in mind that we're a 'big tent' congregation, so on issues that may be controversial, we aim for programming from a range of perspectives.

- We aim to support the larger mission of the congregation, including preparation for the roles of Torah reader and service leader as well as integrating Jewish learning and values into our lives in the home and in civic society.

- We prioritize accessibility by developing programming at a variety of locations and through careful scheduling.

- We value congregants' input! If you have programming ideas, please contact AdultEd@AgudasAchimIC.org

FROM THE CARING COMMITTEE

Nancy Goldsmith, Susan Lutgendorf, & Teresa Weiner

The Caring Committee has been successful in meeting requests for assistance, but we want to be able to do more if asked.

We would like to have a roster of volunteers who stand ready to support members of our congregation. Volunteers would offer comfort, connection, and assistance through, in-person and phone visits, providing rides, making deliveries, and other ways of reaching out to each other.

As you are hopefully aware, we use Meal Trains to provide meals to those dealing with stressful times such as childbirth, planned surgery. However, there can be situations that arise where help is needed, and we don't have time to organize a Meal Train. To that end, we would like to create a list of people who we can call upon at short notice to provide a meal when needed.

If you would be willing to help, please email us at: <u>caring@agudasachimic.org</u> with your contact information and what you would be willing to do.

And, most importantly, if you are in need of one of these services, please, please, do not hesitate to ask – just use the same email address and one of us will respond as quickly as we can.

SUNDAY SCHOOL Principal Sonja Spear

The summer is flying by! The beginning of the school year is just around the corner. I am looking forward to hearing about everyone's summer adventures.

We usually begin the year with a Sunday picnic. But we decided to do something new this year and start with family-friendly **Friday night service** on **September 13 at 6:00.** We'll keep it short and sweet. (Sweet as in cookies!) We begin our regular Sunday meetings on September 15, 9:15-12:15.

Many parents have mentioned that they would like to create a deeper sense of community at the synagogue for themselves and for their kids. The Friday night service, followed by a meal, is a good opportunity to relax at the end of the week, chat with other parents, and let the kids play, all while making the kids comfortable with the service.

As I write this article, I am preparing to attend NewCAJE (Conference Alternative for Jewish Education), which offers professional development to Jewish educators. I am co-leading a workshop on the "blessings of a small school." We will talk about all the ways that the limits of a small school – small pool of kids, small staff, small budget – can inspire creativity. I know that our small program has inspired me to experiment with putting various grades together, to come up with "hands-on" collaborative projects for many ages, and to think of *all* the ways we can use construction paper. I am looking forward to sharing my experiences and to learning what other teachers have done in their own small schools.

Small schools are the future of Jewish supplementary education unless something changes radically in the next decade. The last time I attended NewCAJE, the shrinking of Jewish supplementary schools was on everyone's mind. I was a little surprised by how gloomy many of my fellow educators seemed to feel, especially the older ones. Teachers are usually cheerful and optimistic by nature. I hope the workshop leaves everyone looking for the possibilities even as we acknowledge the challenges of a small school.

I'm looking forward to seeing all the school families, people curious about the school, and everyone who enjoys a family-friendly service on **September 6 at 6:00.** Bring your friends!

EARLY KEYBOARD SOCIETY CONCERT

Please join us for an Early Keyboard Society concert featuring Ken Aiso, violin and Sonia Lee, harpsichord at 3:00 p.m. on Sunday, September 22.

SMALL OFFICE TASKS

There are times when we could use help in the office with tasks such as mailings (maybe for a few hours at a time, when it would fit your schedule). If you'd like to help out, please <u>reach out to the office</u>.

SERVICE SCHEDULE - 2024 - 5784/5785 - TRIENNIAL YEAR 2/3

DATE	HEBREWDATE	PARASHA	SERVICETYPE	NOTES	
7/6/2024	30 Sivan	Korach	Conservative		
7/13/2024	7 Tammuz	Chukat	Reform	RABBI HUGENHOLTZ	
7/20/2024	14 Tammuz	Balak	Conservative	VACATION	
7/27/2024	21 Tammuz	Pinchas	Reform		
8/3/2024	28 Tammuz	Mattot - Masei	Conservative		
8/10/2024	6 Av	Devarim	Reform		
8/17/2024	13 Av	Va'etchanan	Conservative	RABBI HUGENHOLTZ SABBATICAL	
8/24/2024	20 Av	Ekev	Reform		
8/31/2024	27 Av	Re'eh	Conservative		
9/7/2024	4 Elul	Shoftim	Reform		
9/14/2024	11 Elul	Ki Teitze	Conservative		
9/21/2024	18 Elul	Ki Tavo	Reform		
9/28/2024	25 Elul	Nitzavim - Vayelech	Conservative		
10/3/2024	1 Tishrei	Rosh Hashanah I		1st day of Rosh Hashanah	
10/4/2024	2 Tishrei	Rosh Hashanah II		2nd day of Rosh Hashanah	
10/5/2024	3 Tishrei	Ha'azinu	Reform	Shabbat Shuvah	
10/12/2024	10 Tishrei	Yom Kippur	Ref / Cons	Yom Kippur	
10/19/2024	17 Tishrei	Sukkot	Reform	Shabbat Chol Hamo'ed	
10/26/2024	24 Tishrei	Bereshit	Conservative		
11/2/2024	1 Cheshvan	Noach	Reform		
11/9/2024	8 Cheshvan	Lech Lecha	Conservative		
11/16/2024	15 Cheshvan	Vayera	Reform		
11/23/2024	22 Cheshvan	Chayei Sarah	Conservative		
11/30/2024	29 Cheshvan	Toldot	Reform	RABBI HUGENHOLTZ SABBATICAL	
12/7/2024	6 Kislev	Vayeitze	Conservative		
12/14/2024	13 Kislev	Vayishlach	Reform		
12/21/2024	20 Kislev	Vayeshev	Conservative		
12/28/2024	27 Kislev	Miketz	Reform	3rd Day of Hanukkah	

Please find the service schedule for the rest of 2024 <u>here</u>.

FAIR SHARE FORMS

Synagogue members: if you have not returned your Fair Share form or informed the office of your intended pledge for this fiscal year, please do so soon if at all possible!

AGUDAS ACHIM PARENTS TEXT THREAD

Synagogue members who are parents of young kids have started a casual text thread for coordinating meet-ups around town (at playgrounds, children's museum, kid-focused events, etc.) If you're a parent of young kids and you'd like to opt in to this text thread, you can do so <u>here</u>! The thread has been fairly quiet over the winter months, but we hope to coordinate more meet-ups as the weather warms up.

MAHJONGG

Join us for Mahjongg from **2:00-4:00 p.m.** (unless noted) in the synagogue on the dates below. Bring a Mahjongg card if you have one. It is helpful to know by the Friday before the Sunday game who is planning to play so please email the host if you plan to play. There are also reminders in the synagogue weekly email and monthly bulletin. Beginners and walk- ins are always welcome.

August 11, 18, 25 RSVP to Jayne

SENIORS GROUP

Join the Synagogue Seniors the third Thursday of the month for brunch and a presentation from 11:00 a.m. to 1:00 p.m. in the Social Hall. Our next event will be Thursday, August 15 so mark your calendars and stay tuned for more information.

JULY ONEG HOSTS

Thank you to July's oneg hosts:

Sue Weinberg & Robert Armstrong, Beverly & Doug Jones, and the Social Committee

Sign up to host an oneg at this link.





CHEVRA KADISHA

We are looking for people to be part of a chevra kadisha when called upon (to help perform the ritual washing of the bodies of those who have recently died in the congregation). Please contact the office if you'd be willing to help honor those who have died with this important task. You would not have to participate every time.

LIFE CYCLE EVENTS

The congregation extends its condolences to the family of Irene Palnick, who died on July 30.

Rosh Chodesh Av Yoga: Mourning and Comfort

Join Lea as we entwine Yogic practices with Jewish wisdom to explore Av's themes of mourning and comfort. We will come away from each gathering with a simple movement practice that we can add to our daily routine. Everyone is welcome. No previous Yoga experience necessary!

Date: Sunday August 11 at 2:00 p.m. Location: Agudas Achim Congregation, 401 E Oakdale Blvd. Bring: Yoga mat, large towel, or blanket (optional, but nice to have) For more information: leslea-collins@outlook.com



Vintage Shabbat AUGUSTI7TH



Traditional melodies

The tunes you grew up with

Hebrew Haftarah

7 Aliyot plus Matftir, Silent Amidah





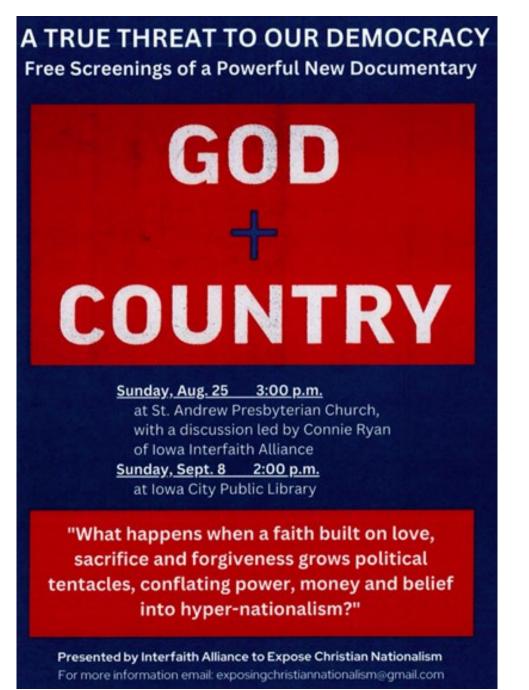
Walk Down Memory Lane

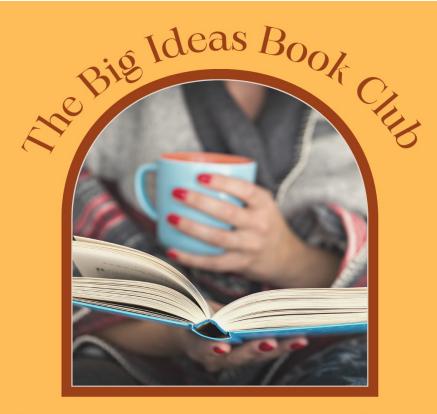
Join us as we remember, honor & celebrate the services of the past

INTERFAITH ALLIANCE AGAINST CHRISTIAN NATIONALISM

God & Country is a 2024 American documentary film directed by Dan Partland and produced by Rob Reiner. The film discusses the emergence of Christian nationalism and its close relationship with far-right politics in the United States, exploring its perceived threat to democracy and the politicization of Christianity.

The documentary is being sponsored by the Interfaith Alliance to Expose Christian Nationalism. Agudas Achim Congregation has representation in this newly formed group. If interested and/or you have any questions you can email the office at <u>office@agudasachimic.org</u>; they will forward your inquiry to a member of the Alliance.





Come explore important Jewish ideas at the Iowa City Public Library

ICPL, August 28th, 6-7:30 pm

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Ancient Wisdom to Mend Our Broken Hearts and World

sharon brous

Sharon Brous

"The Amen Effect- Ancient Wisdom to Mend Our Broken Hearts and World"

> More info? Contact adulted@agudasachimic.org

Embodying Elul: Psalm 27 as Yoga Practice

Dates: Sundays, September 1, 8, 15 from 2pm -3pm Location: Agudas Achim Congregation

For more information: leslea-collins@outlook.com

Psalm 27 is traditionally recited each day during Elul, the Jewish lunar month proceeding the High Holy Days. Join Yoga teacher, Mussar facilitator and cantorial soloist Lea Haravon Collins as we engage in this ancient tradition with a new twist (literally!). In this three-session immersive experience, we will meet weekly during the month of Elul to explore the Psalm's themes of strength, comfort, gratitude, petitioning and waiting through text study and Yoga postures. We will come away from each gathering with a simple movement practice which can be coupled with a daily reading of Psalm 27 or used as you like to help you to prepare for the approaching Days of Awe.

No previous Yoga or Psalm-reading experience necessary! Join us for as many sessions as you like. Everyone, including and especially curious skeptics with tight hamstrings, is welcome. A Yoga mat, large towel or blanket and a journal are recommended but not necessary.



LEARN TO PLAY

Sunday, September 15th 1:00pm to 6:00pm Agudas Achim Synagogue

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LEARN TO PLAY DUNGEONS & DRAGONS 5TH EDITION

Learn how to bring adventure and connection to your community with Dungeons and Dragons, a table-top roleplaying game! Learn about the game system by playing a one-shot with other community members! Please RSVP using Sign-Up Genius included in email.

NO EXPERIENCE REQUIRED!

10

DICE AND MATERIALS WILL BE PROVIDED

NEW AND EXPERIENCED PLAYERS WELCOME

QUESTIONS? EMAIL STEVIE AT SAEDWARDS94@GMAIL.COM

RSVP link can be found <u>here</u>.

AGUDAS ACHIM AND THE UNION FOR REFORM JUDAISM PRESENT



TASTE OF JUDAISM

A 3-session program of introductory knowledge to Jewish ideals and practices, to help you feel empowered going into the High Holy Days.

September 4, 11, and 18 6-7:30 pm Robert A. Lee Recreation Center

RSVP to rsvp@agudasachimic.org

Pathway to the Inner Life: The Mussar Institute



Join Lea Haravon Collins, Ph.D., certified Mussar facilitator, yoga instructor, and cantorial soloist, to learn about and practice the Jewish spiritual wisdom of Mussar.

> In-person classes at Agudas Achim 2-3:30 pm on November 3, 10, & 24, December 8 & 22, January 5

Participants will study with chevruta (study partners) on alternate weeks.

AUGUST SPECIAL EVENTS

Rosh Chodesh Av Yoga	Synagogue	Aug 11	2:00 p.m.
Adult Learners Group	Synagogue	Aug 12	6:00 p.m.
Erev Tisha B'Av Service	Synagogue	Aug 12	8:00 p.m.
Vintage Shabbat	Synagogue	Aug 17	9:30 a.m.
Big Ideas Book Club	ICPL	Aug 28	6:00 p.m.

RECURRING GROUPS WITH FIXED TIMES/DATES-

Yiddish Study Group Mondays and Fridays at 10:30 a.m. via Zoom.	every month	Intro to udaism Class Mondays at 7:30 p.m.	Talmud Study Group Sundays at 9:00 a.m. on Zoom.	Adult Learners Group Alternate Mondays 6:00-7:00 p.m.	Seniors Group Third Thursday of every month at 11:00 a.m.
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SHABBAT SERVICES

Streaming link for Zoom Shabbat services

Matot-Masei	Friday, August 3	7:00 p.m.	Mishkan T'filah (Reform)
(Numbers 30:2-36:13)	Saturday, August 4	9:30 a.m.	Lev Shalem (Conservative)
Devarim	Friday, August 9	7:00 p.m.	Lev Shalem
(Deuteronomy 1:1-3:22)	Saturday, August 10	9:30 a.m.	Mishkan T'filah
Erev Tisha B'Av Service	Monday, August 12	8:00 p.m.	
Vaetchanan	Friday, August 16	7:00 p.m.	Mishkan T'filah
(Deuteronomy 3:23-7:11)	Saturday, August 17	9:30 a.m.	Vintage Shabbat
Ekev	Friday, August 23	7:00 p.m.	Lev Shalem
(Deuteronomy 7:12-11:25)	Saturday, August 24	9:30 a.m.	Mishkan T'filah
Re'eh	Friday, August 30	7:00 p.m.	Mishkan T'filah
(Deuteronomy 11:26-16:17)	Saturday, August 31	9:30 a.m.	Lev Shalem

DONATIONS

RABBI'S DISCRETIONARY FUND

Nathan Eugene Savin and Susan Enzle: in memory of Muriel Savin
Nancy Sprince: in memory of Craig Zwerling & Dorothy Buddelof
Ariel Levin: in memory of Joseph Levin

Judy and Gary Galluzzo: in memory of Harry H. Dreyfuss

CEMETERY FUND

Ewa Bardach and Hani Elkadi: in memory of Jelena Laneeva Bardach

Jeff and Sara Braverman: in memory of Helen Dunn

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Braverman

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LIBRARY FUND

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LAUREN REECE FLAUM TERRACE FUND

Michael Flaum and Elizabeth Willis: in memory of Lauren Reece Flaum

SAFETY FUND

Mel and Diane Sunshine: in memory of Kalman Sunshine

BRAVERMAN TALMUD TORAH FUND

Eloise McCuskey: in memory of David Pitzele **Barbara Levin:** in memory of Sarah Glaser

BOOK GROUP Phyllis Petchers

The Book Group will not be meeting in August.

We will resume in September.

AUGUST YAHRZEITS

Adele Anolik Anitra Haendel Anne Nathanson Annie Addison Picard Barbara Brodsky **Burton Frank** Charlotte Cohn Charlotte Dobie Craig Zwerling **David Bills** David Nadler David Owen Berg **Deborah** Levin Denise Guédon Esther DeVoe Frances Milavetz Francis Smith

Gerald Engman Harriet L. Clark Helen B. Dunn Ida Paul Jack Madison James Harry Persellin Joseph Schwartz Josh Rephun Julius Kunik Katherine Schor Lillian Levine Lillian Sterman Liza Zabner Lublin Marvin Pomerantz Max Kerber Morris Aizenberg Morris Tiss

Muriel Savin Ned Siner Norman Madison Phyllis Jadryev Recha Westheimer **Regina Brecher Richard Caplan** Robert "Bob" Braverman Robert Kieso Robert Soldofsky Rose Portman **Ruth Jacobs** Sam Brodsky Sam Saltzman Samuel Brenner Ted Willner

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